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Senior Caring Cornerstones

HEALTH

- EVALUATING SPECIFICS
- DISCUSSING NEEDS
- ANTICIPATING NEEDS
- UNDERSTANDING MEDI-CARE, MEDI-CAL, VETERAN OPTIONS
- HONEST AND OPEN DIALOGUE

FINANCES

- WHAT IS YOUR BUDGET?
- WHAT IS YOUR INCOME?
- WHAT ARE YOUR RESOURCES?
- ASSETS/LIABILITIES
- USE OF TRUST
- IMPORTANCE of PoA's
- HONEST AND OPEN DIALOGUE

YOUNGER <---- SEASONS OF OUR LIVES ----> OLDER

FAMILY

- CURRENT FAMILY
- SOURCE OF SUPPORT IF NEEDED
- FAMILY CHALLENGES
 (BLENDED CHILDREN, DIFFICULT
 CHILDREN)
- CURRENT PLANS
- HONEST AND OPEN DIALOGUE

GOALS

- WHERE ARE YOU NOW?
- GOOD? BAD?
- WHERE WOULD YOU LIKE TO BE?
 PHYSICALLY, MENTALLY,
 FINANCIALLY
- LIVING IN QUALITY
- HONEST AND OPEN DIALOGUE

"Living a Quality of Life at all Stages"